

Baseline Middle School Menu Fall/Winter 2018

Remember-you must take a fruit or vegetable with your meal! Make 1/2 Your Plate Fruits and Vegetables!

Sep 5-7, Sep 24-28,
Oct 15-19, Nov 5-9,
Nov 26-30, Dec 17-21

Week One

Monday

**Gilardi's Stuffed Crust Pizza
Uncrustables
Super Salad Bar**

*Veggie Cup, Romaine Salad, Apple Wedges w/
Dip*

Tuesday

**Beefy Nachos w/Fixings & WG Cinn. Roll
Crunchy Crisпитos
Super Salad Bar**

Refried Beans, Salsa Cup, Pineapple

Wednesday

**All Beef Hot Dog w/Fixings
Cheesy Bosco Sticks w/Marinara
Super Salad Bar**

*Broccoli w/Cheese, Baby Carrots, Sliced
Peaches*

Thursday

**WG French Toast Sticks
Scrambled Eggs
Sausage Link**

Hash Browns, Fresh Orange Smiles,

Friday

**All American Cheeseburger
Spicy Chicken Patty
Vegetarian Black Bean Burger
Super Salad Bar**

*Baked French Fries,
Veggies & Dip, Watermelon*

Sep 10-14, Oct 1-5,
Oct 22-26, Nov 12-16,
Dec 3-7

Week Two

Monday

**Pepperoni Pizza
Uncrustables
Super Salad Bar**

Romaine Salad, Carrot Coins, Fresh Apple

Tuesday

**Chicken Nuggets w/Fruit Muffin
Corn Dogs w/Fruit Muffin
Super Salad Bar**

*Baked Fries, Sweet 'n Spicy Baked Beans,
Peaches*

Wednesday

**Cheesy Bosco Sticks w/Marinara
Crunchy Crisпитos
Super Salad Bar**

*Fresh Broccoli w/Dip, Spinach Salad, Cinnamon
Pears*

Thursday

**Cheese Lasagna w/Breadstick
Chicken Flatbread
Super Salad Bar**

Romaine Salad, Green Beans, Pineapple

Friday

**Popcorn Chicken Bowl
Uncrustables
Super Salad Bar**

Mash. Potatoes/Gravy, Corn, Mand. Oranges

Breakfast Menu

M-Waffles or French Toast Stix
T-Pancake on a Stick
W-Warm Ultimate Breakfast Round
TH-Sausage Egg Cheese Calzone
F-Homemade Smoothies or Yogurt
Parfaits with Granola Bar

Breakfast includes choice of fruit or juice and milk.

This institution is an equal opportunity provider.

Breakfast 7:10-7:40 a.m. FREE

Hot & Cold Entrees, 100% Juices, Fruit, Milk
Assorted Whole Grain Breakfast Items

Lunch FREE

Fruit/Veggie Bar Daily

1% White OR Fat-Free White,
Chocolate or Strawberry Milk (Free with
Meals)

A la Carte \$.50

Sep 17-21, Oct 8-12,
Oct 29-Nov2,
Nov 19-20, Dec 3-7

Week Three

Monday

**Meat Lovers Pizza
Uncrustables
Super Salad Bar**

Green Beans, Romaine Salad, Pears

Tuesday

**Nacho Bar w/All the Fixings
Crunchy Crisпитos
Super Salad Bar**

Refried Beans, Salsa Cup, Pineapple

Wednesday

**WG Pasta Bar w/WG Dinner Roll
Pizza Calzone
Super Salad Bar**

*MI Roasted Parmesan Asparagus, Tossed Salad,
MI Apple*

Thursday

**Chicken Cordon Blue Sandwich
Pizza Bosco Stix w/Marinara
Super Salad Bar**

Baby Carrots, Spinach Salad, Mixed Fruit Cup

Friday

**All American Cheeseburger
Spicy Chicken Patty
Vegetarian Black Bean Burger
Super Salad Bar**

Baked French Fries, Veggies & Dip, Peaches

Convenience
Control
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Check your Student's account
or
Pay on-line for meals at:

www.sendmoneytoschool.com